

PROFESSIONAL COMMUNITY



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HOTLINE

**1-800-424-LEAD**  
(5323)

FOR MORE INFORMATION

TELL YOUR STORY ON FACEBOOK



FIND THE DANGER ZONES IN YOUR HOME



- MEDICAL PROFESSIONALS**
- WHAT TO ASK YOUR PATIENTS ▶
- EDUCATE YOURSELF ▶
- EDUCATE YOUR PATIENTS ▶
- EDUCATORS/CAREGIVERS**
- HOW TO KEEP YOUR PLACE LEAD-SAFE ▶
- GUIDELINES FOR SCHOOLS ▶
- RENOVATORS/CONTRACTORS**
- WHY YOU SHOULD GET CERTIFIED ▶
- HOW TO PROTECT YOURSELF ▶
- PROPERTY OWNER/LANDLORD**
- HOW TO PROTECT YOUR TENANTS ▶
- YOUR RESPONSIBILITY TO YOUR TENANTS ▶

If your home or workplace was built before 1978, you should learn more about protecting yourself and your baby from the dangers of lead paint.

**FACT 1:** Protecting yourself and your baby may be as simple as testing your home.

**FACT 2:** Prevention begins with a healthy diet rich in calcium, iron, zinc and vitamin C.

**FACT 3:** Stay away from folk medicines like Greta or Azarcon or cosmetics like Kohl and Surma, which are known to contain lead.

**GET: GUIDES TO PROTECT YOUR FAMILY FROM LEAD.**



**FIND: HOME ASSESSMENT HELP**



**FIND: BREASTFEEDING INFORMATION**



## FAQs

**Q. Should I get tested?**

**A.** Not all pregnant women need to get tested. The best thing you can do is talk to your doctor.

**Q. How do I know if I'm at risk?**

**A.** Women at greatest risk are those who might be exposed to lead in the workplace, women engaged in specific crafts, and women renovating or living in older homes with crumbling or peeling lead-based paint.